

Mentorship is...

Mentorship → People + Processes + Behaviors

National Academies of Science Definition

Mentorship is a professional, working alliance in which individuals work together over time to support the personal and professional growth, development, and success of the relational partners through the provision of career and psychosocial support.

<https://nap.nationalacademies.org/resource/25568/interactive/>



Stages (processes & behaviors)



Signature Behaviors

Generous Listening
Discern & Affirm
Build Confidence
Goal Setting
Collaborating
Sponsoring

Behaviors I Will Emphasize