

**Ang Freely** is a dedicated healthcare professional, culinary entrepreneur, and community advocate with over a decade of experience in public health, community engagement, and social impact work. A former member of the Black Health Care Coalition and volunteer with the Good Samaritan Project, Freely has played a pivotal role in public STI testing initiatives, hygiene kit distribution, and health promotion efforts in relevant communities.

She is also the founder of Baecipes, a wellness-centered culinary brand rooted in cultural tradition, creativity, and nourishment. As both a chef and filmmaker, she curates experiences that bridge storytelling, healing, and community building—whether through food, film, or conversation. She has competed in national chef competitions, led community dinners, and developed projects that explore identity, joy, and justice.

Freely is actively involved in mentoring young women through Awesome Ambitions, and supports outreach ministries through her church, helping to foster emotional, spiritual, and physical wellness.

She currently serves on multiple community advisory committees focused on health outcomes, clinical research participation, and community-led solutions. Freely brings a wealth of lived experience, professional insight, and a passion for transformative care to every space she enters.